



## FPM Foundation Course

The Foundation Course underpins the Family Partnership Training programme, based on the published manual: *Family Partnership Model Foundation Course: Facilitator Training Manual* (Davis & Day, in association with Bidmead, Ellis & MacGrath 2009 Part 1 & 2) and the core text *Working in Partnership: The Family Partnership Model* (Davis & Day 2010).

It has been developed over the last 25 years and evaluated in several research and development programmes in the UK, Europe and Australasia. This accredited course has been completed by a very wide range of practitioners working with children and families, including health visitors, social workers, community nurses, psychiatrists, clinical psychologists, early year's staff, teachers, paediatricians', and therapists (e.g. speech and language, occupational and physiotherapists).

There is considerable scientific evidence to show that health and social care outcomes are directly affected by practitioner qualities and skills, the nature of the relationship that is built and maintained between practitioners and services users and the use of structured, goal orientated methods of problem management. These key features of the helping process improve engagement and attendance, service experience and outcomes.

The manualised Family Partnership Training programme has also been subject to research evaluation by the Centre as well as independent evaluators. Findings demonstrate that significant improvement in practitioner skills, qualities, knowledge and self-efficacy ( e.g. Rushton & Davis, 1991, Davis et al., 1997; Day 2009) as well as significantly improved accuracy in identifying family needs ( e.g. Papadopoulou et al., 2005)

Any individual or organisation can commission us to run the course, which involves two facilitators working with groups of 12 participants in their locality. It consists of 10 sessions, each lasting three and a half hours. The sessions are preferably conducted at weekly intervals, but the course may be run over five days at weekly intervals if the facilitators have to travel long distances. Each session involves a discursive seminar to address the theoretical aspects of the course and a practical skills practice. Participants are also expected to do short reading and practical assignments between sessions. The content of the course covers: the needs of families; the aims and the processes of helping; the nature of the parent-professional relationship; the qualities and skills of the helper; the exploration of problems; personal construing; ways of facilitating change; and collaborative problem solving. The course is interactive throughout and responsive to the needs of the group, with the facilitators continually modelling the processes and skills of helping. Each participant receives a copy of the course text to keep.

The course is accredited through the Open College Network, London, UK. The course consists of two units that can be accredited at Level 2 and Level 3. Participants undertaking accreditation have further course

MICHAEL RUTTER CENTRE, MAUDSLEY HOSPITAL  
DENMARK HILL, DE CRESPIGNY PARK  
LONDON SE5 8AZ

TEL: +44 (0)20 3228 2837 | FAX: +44 (0)20 3228 5012  
E-MAIL: [INFO@CPCS.ORG.UK](mailto:INFO@CPCS.ORG.UK) | [WWW.CPCS.ORG.UK](http://WWW.CPCS.ORG.UK)

Dr Crispin Day: Head of Centre  
Ms Megan Ellis: Dep. Head of Centre  
Dr Michelle MacGrath  
Ms Ros Loxton  
Ms Annika Jaramillo  
Mrs Gee Gordon

  
South London  
and Maudsley  
NHS Foundation Trust



requirements and are required to submit written work for assessment. Associated costs can be discussed on application.