Family Partnership Facilitator Course Session Outline

Session 1
Introductions: Facilitator and participants.
Overview: Course description, aims and expectations.

Session 2
Seminar: Review of the Family Partnership conceptual framework (continued).
Task Allocation: Allocation of participant facilitation tasks.
Plenary: General discussion and feedback on the day.

Session 3
Plenary: Participants’ questions/issues relating to the Family Partnership foundation training manual.
Seminar: Description and analysis of the core components of the foundation course (i.e. introductions, seminars, skills practices, reading assignments, observational assignments).
Demonstration: Core skills of FPM course facilitation.
Practical Exercise: Core facilitation skills (small groups of 3).
Plenary: Further discussion of allocated teaching tasks.

Session 4
Demonstration: Trainer demonstration of a typical seminar (see session 1 of foundation course: Family Strengths & Difficulties and Outcomes of Helping).
Analysis: Examination of demonstration in terms of content, structure, style, qualities and skills.
Demonstration: Trainer demonstration of guided demonstration (see session 5 of foundation course: The Skills and Processes of Exploration).
Analysis: Examination of guided demonstration.
Plenary: General discussion and feedback on the day.

Session 5
Plenary: Participants’ questions/issues relating to the Family Partnership foundation training manual.
Demonstration: Trainer demonstration of initial introduction to skills practice (see session 2 of foundation course).
Analysis: Examination of demonstration.
Demonstration: Trainer demonstration of small group triad work.
Analysis: Examination of demonstration.
Demonstration: Trainer demonstration of skills practice plenary feedback.
Analysis: Examination of demonstration.
Session 6

Practical Exercise: Participants conduct prepared seminar (foundation course session 1: Family Strengths & Difficulties and Intended Outcomes of Helping).
Analysis: Feedback and examination of practical task.

Practical Exercise: Participants conduct prepared skills practice (foundation course session 1: Listening/Not Listening).
Analysis: Feedback and examination of practical exercise.

Plenary: General discussion and feedback on the day.

Session 7

Plenary: Participants’ questions/issues relating to the Family Partnership foundation training manual.

Practical Exercise: Participants conduct prepared seminar (Foundation course session 2: The Process of Helping).
Analysis: Feedback and examination of practical exercise.

Practical Exercise: Participants conduct prepared skills practice (foundation course session 2: Listening and The Helping Process).
Analysis: Feedback and examination of practical exercise.

Session 8

Practical Exercise: Participants conduct prepared seminar (foundation course session 3: Parent-Helper Relationship).
Analysis: Feedback and examination of practical exercise.

Practical Exercise: Participants conduct prepared seminar (foundation course session 4: The First Meeting).
Analysis: Feedback and examination of practical exercise.

Plenary: General discussion and feedback on the day.

Session 9

Plenary: Participants’ questions/issues relating to the Family Partnership foundation training manual.

Practical Exercise: Participants conduct prepared seminar (foundation course session 3: Helper Qualities and Skills).
Analysis: Feedback and examination of practical exercise.

Practical Exercise: Participants conduct prepared seminar (foundation course session 5: Exploring Strengths & Difficulties).
Analysis: Feedback and examination of practical exercise.
**Session 10**

**Practical Exercise:** Participants conduct prepared seminar (foundation course session 6: Personal Construing).

**Analysis:** Feedback and examination of practical exercise.

**Practical Exercise:** Participants conduct prepared seminar (foundation course session 7: Helping Parents Change).

**Analysis:** Feedback and examination of practical exercise.

**Plenary:** General discussion and feedback on the day.


**Session 11**

**Plenary:** Participants’ questions/issues relating to the Family Partnership foundation training manual.

**Practical Exercise:** Participants conduct prepared seminar (foundation course session 8: Problem Management).

**Analysis:** Feedback and examination of practical exercise.

**Practical Exercise:** Participants conduct prepared seminar (foundation course session 10: Putting it all Together/Implementation).

**Analysis:** Feedback and examination of practical exercise.


**Session 12**

**Plenary:** Discussion: final questions and issues.

**Plenary:** Discussion: implementation and planning.

**Course Evaluation:** Complete feedback and evaluation form.

Feedback discussion.

Celebration of learning together.