



Family Partnership Foundation Course Session Outline

Session 1

Introductions:	Facilitators and participants.
Overview:	Course description.
Seminar:	Families' strengths, difficulties and the outcomes of helping.
Practical Exercise:	The impact of listening.
Plenary:	Practice feedback and session conclusion.

Session 2

Seminar:	The tasks and process of helping.
Seminar:	The skills and outcomes of listening.
Practical Exercise:	The impact of listening.
Plenary:	Practice feedback and session conclusion.

Session 3

Home Task:	Feedback and discussion.
Seminar:	The core qualities and skills of the helper.
Seminar:	The characteristics of the parent-helper relationship.
Plenary:	Session conclusion.

Session 4

Seminar:	Building effective relationships from the start.
Practical Exercise:	Bringing helper qualities alive through the use of empathy.
Plenary:	Practice feedback and session conclusion.

Session 5

Home Task:	Feedback and discussion.
Seminar:	The skills and processes of exploration.
Practical Exercise:	Helping parents to explore their strengths and difficulties.
Plenary:	Practice feedback and session conclusion.



Session 6

Seminar:	Construing: making sense of families and their situation
Practical Exercise:	The skills and processes of understanding families
Plenary:	Practice feedback and session conclusion.

Session 7

Home Task:	Feedback and discussion.
Seminar:	Enabling parents to change unhelpful constructs.
Practical Exercise:	The skills and processes of mobilising change.
Plenary:	Practice feedback and session conclusion.

Session 8

Seminar:	Goals and strategies: working towards successful outcomes.
Plenary:	Practice feedback and session conclusion.

Session 9

Home Task:	Feedback and discussion.
Practical Exercise:	Putting family partnership tasks, skills and qualities into practice.
Plenary:	Practice feedback and session conclusion.

Session 10

Seminar:	Making sense of the course content: planning for the future.
Plenary:	Course feedback and evaluation. Celebration of learning together.

Recommended Reading

- Barlow, J., Brocklehurst, N., Stewart-Brown, S., Davis, H., Burns, C., Callaghan, H. & Tucker, J. (2003). Working in partnership: the development of a home visiting service for vulnerable families. *Child Abuse Review*, 12, 172-189.
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- Davis, H. & Day, C. (2010). *Working in Partnership: The Family Partnership Model*. London: The Psychological Corporation
- Davis, H., Day, C. & Bidmead, C. (2002). *Working in Partnership with Parents: The Parent Adviser Model*. London: The Psychological Corporation.
- Davis, H. & Rushton, R. (1991). Counselling and supporting parents of children with developmental delay: A research evaluation. *Journal of Mental Deficiency Research*, 35, 89-112.
- Davis, H. & Spurr, P. (1998). Parent counselling: an evaluation of a community child mental health service. *Journal of Child Psychology and Psychiatry*, 39, 365-376.
- Davis, H., Spurr, P., Cox, A., Lynch, M., von Roenne, A., & Hahn, K. (1997). A description and evaluation of a community child mental health service. *Clinical Child Psychology and Psychiatry*, 2, 221-238.
- Puura, K, Davis, H., Papadopoulou, K, et al. (2002). The European Early Promotion Project: A new primary health care service to promote children's mental health. *Infant Mental Health Journal*, 23, 606-624.