



## FPM Facilitator Course

The Facilitator Course is underpinned by the Family Partnership Model and is based on the published manual: Family Partnership Model Foundation Course: Facilitator Training Manual (Davis & Day, in association with Bidmead, Ellis & MacGrath 2009 Part 1 & 2) and the core text Working in Partnership: The Family Partnership Model (Davis & Day 2010).

This course is for appropriately qualified people who wish to learn how to facilitate the Family Partnership Foundation Course.

It can be commissioned by organisations, but is often run by the Centre itself, if there are enough individual applicants. Participants should have already completed the Family Partnership Foundation course and have previous experience of facilitating groups. However, prior attendance at the Foundation Course may be waived for people with sufficient prior experience, a working knowledge of the underpinning theories, and well developed helping and facilitation skills.

The course consists of 6 full days, usually conducted at weekly intervals for groups of up to 12 people. Participants are required to prepare for the course by studying the core text and Family Partnership Facilitator training manual (Davis, Day & Bidmead, 2009 a, b) and have experience of using the FPM Reflective Practice Handbook (Davis & Day 2009).

The Family partnership Foundation course is complex and requires skilled facilitation. To work effectively in partnership requires training and the Foundation course achieves this through its content (i.e. the skills and processes of helping) but also in its style. This involves facilitators modelling, implicitly and explicitly, the skills and processes of working as partners and subscribing to a set of general training principles.

The training consists of seminar discussions and skills practices in which individuals take turns in facilitating parts of the Foundation Course with analysis and feedback discussion on their performance. It includes an in-depth exploration of the Family Partnership Model, the content and structure of the Foundation Course, and the style and skills of facilitation.

Following the training, participants are expected to work under supervision of an experienced facilitator in conducting at least their first Foundation Course, submitting video clips of Facilitation to the Centre is encouraged. Facilitator reflective practice should be undertaken using the Facilitator Reflective practice prompts to ensure appropriate facilitation in the FPM style and assist with barriers and difficulties that arise in the groups. All FPM Foundation courses should be run with a co-facilitator.

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