



Family Partnership Model of Clinical Case Supervision

This course is designed for practitioners who have completed the FPM Foundation training and want to provide case supervision. This course prepares the case supervisor to apply the FPM framework to direct work with clients, evaluating practice, exploring difficulties and celebrating success. It is focussed on the application of the processes of helping and the extent to which the Family Partnership Model has been implemented appropriately.

Day 1

- Review of Family Partnership Model and use of Reflective Practice Sheets (seminar, reflective exercise)
- Gaining an understanding of clinical supervision – What is it, what does it look like, what are the desired outcomes? (seminar)
- My experiences of supervision (reflective exercise)
- The key components of supervision: A Family Partnership Supervision Model (seminar)

Day 2

- Rights and responsibilities of the Supervisee and Supervisor (seminar)
- My qualities & skills (reflective exercise)
- Constructs and characteristics of the Supervisor (seminar)
- Building a purposeful supervision relationship: Contracting using the FPM Reflective Practice Handbook (seminar, guided demonstration and practice session)

Day 3

- FPM Case Formulation (seminar, guided demonstration)
- Putting it into practice – Skills Practice using FPM in case formulation (reflective exercise, practice session)
- Review and ending (seminar)

Recommended Reading

Bond & Holland. (1999) *Skills of Clinical Supervision for Nurses*. London: Open University Press
Children's Workforce Development Council & Skills for Care (2007) *Providing Effective Supervision*. Leeds
Davis & Day. (2010). *Working in Partnership with Parents: The Family Partnership Model*.



Harper & Moss (2003) *A different kind of chemistry? Reformulating 'formulation'*. *Clinical Psychology*, 25, 6-10.

Hawkins, P & Shohet, R (2006). *Supervision in the Helping Professions*. London: Open University Press

Hess, AK. (ed.) (1980) *Psychotherapy in Supervision: Theory Research and Practice*. New York: Wiley

Thwaites, R (2007). *Conceptualizing Empathy in Cognitive Behaviour Therapy: Making the Implicit Explicit*.

Behavioural and Cognitive Psychotherapy, 2007, 35, 591-612